

# TOP 5 DREAM SYMBOLS EXPLAINED



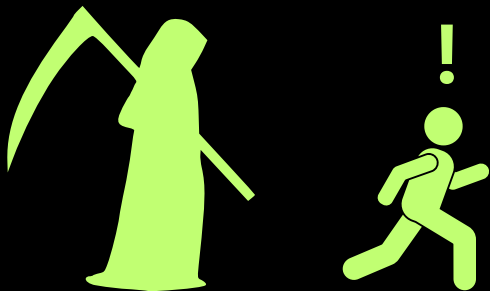
Snakes



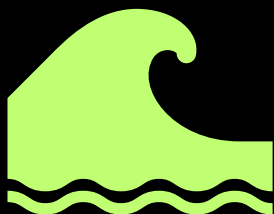
Teeth Falling Out



Flying



Being Chased



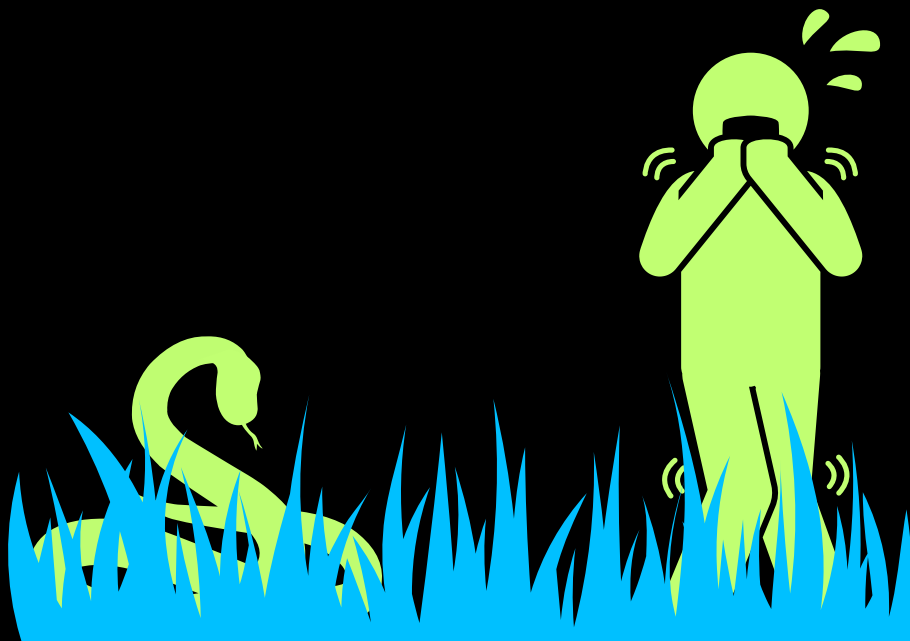
Ocean...

# Snakes




Snakes are a symbol common to all human beings.

They symbolise a **psychological content** coming out of the **unconscious mind**...

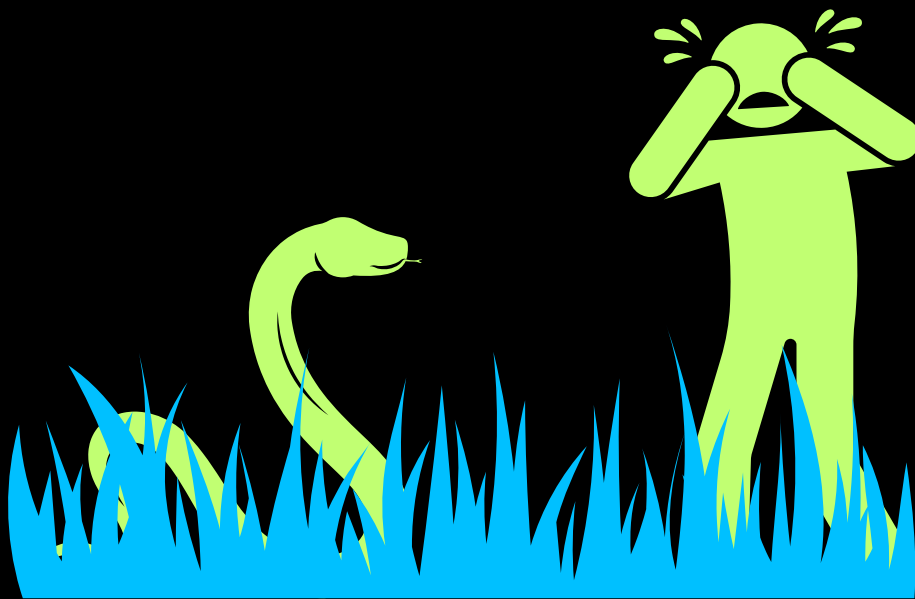


For example:

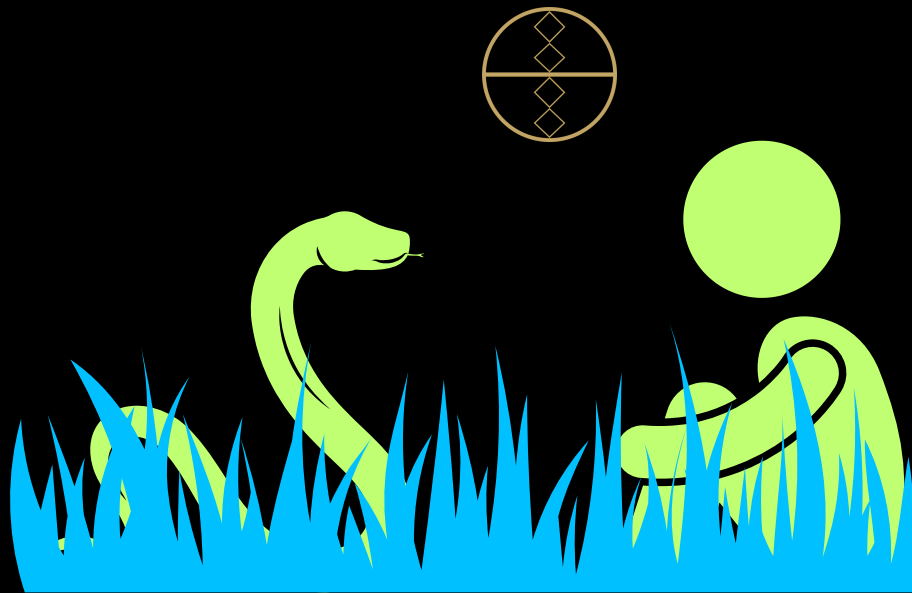
The **idea** slithers  into the dreamer's mind that their loyalty to a friend is actually hurting them.

This strange **idea** comes from the 'unknown'.

Just like a **snake** emerging from the 'dark earth'.



In the dream, the **snake** (symbolising the **idea**) interacts with the dreamer...



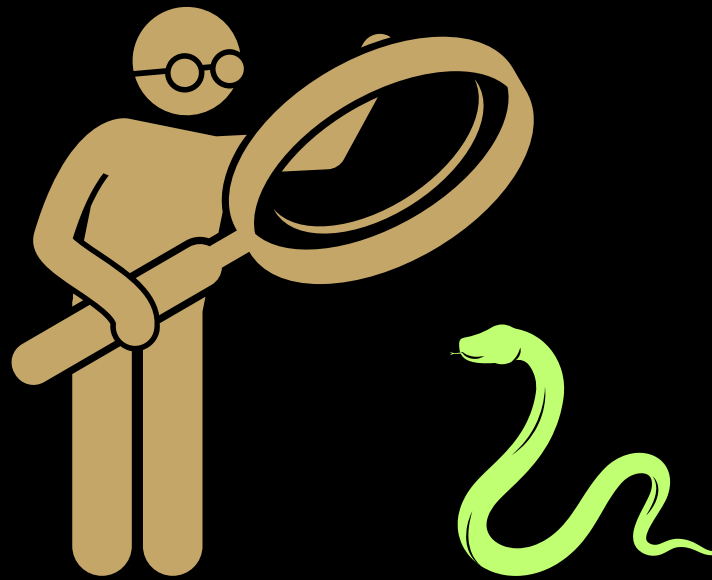
This shows the **relationship** between the **idea** and the dreamer's normal mind.

Even if when they are awake they don't face this idea; they unwillingly face it in the dream in the form of the snake.



To **learn more** about what the **snake** means the dreamer must reflect on the snake's behaviour in the dream and how it reacts to the dream situation...

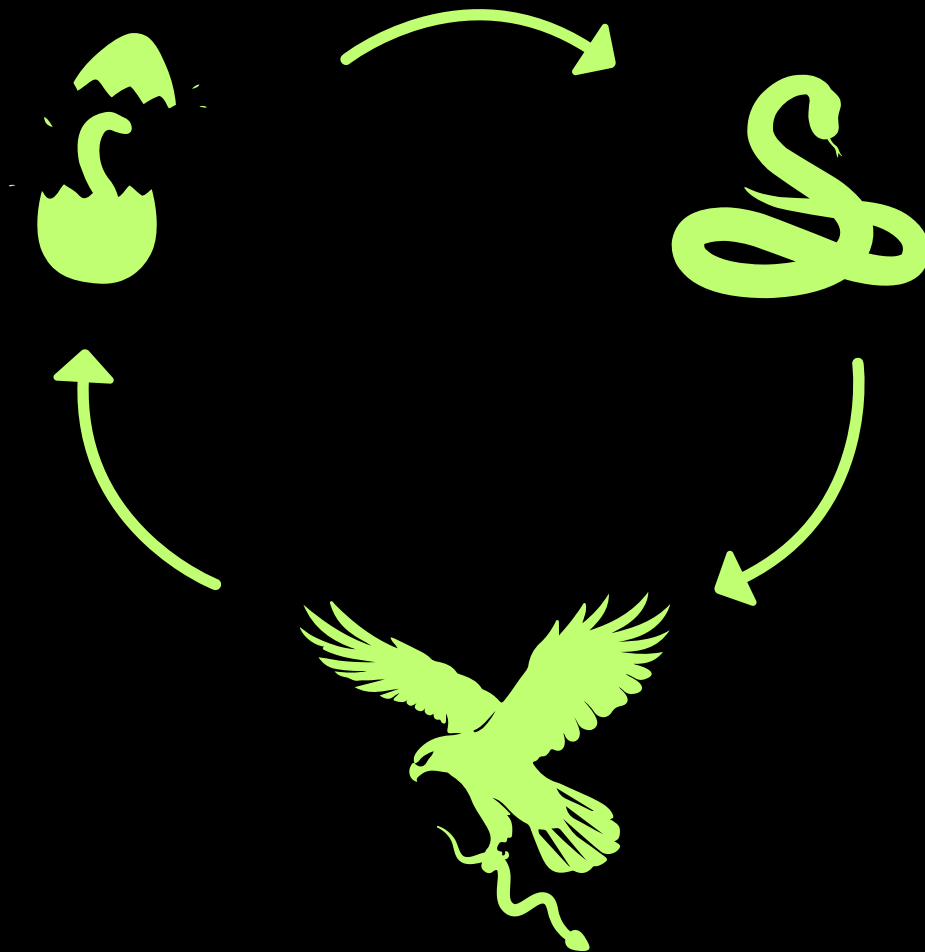
Other qualities the **snake** has, such as speaking, physical characteristics, or the location where it is found can also give hints to its psychological meaning.



Snakes belong to the world of nature which is in constant **transformation**...

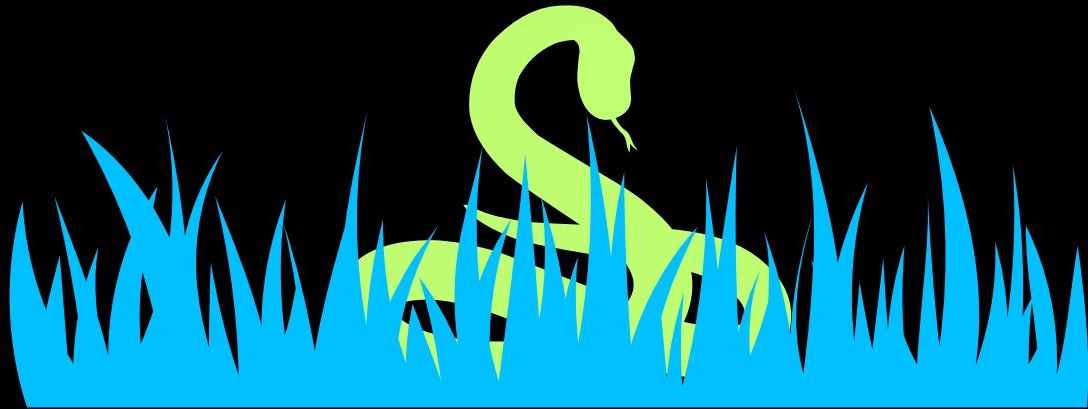


The fate of the natural world is determined by the cycle of birth, life, and death.



Snakes, which belong to this **transforming** world of nature, hold the secrets of rebirth and eternal life.

This is symbolically expressed when a snake sheds its skin (dies) and slithers out with new skin (is reborn).



The **snake** is the creature familiar with the world of the **unknown** and serves as a mediator between the normal conscious mind (dreamer) and the **dark unconscious mind** (dream).

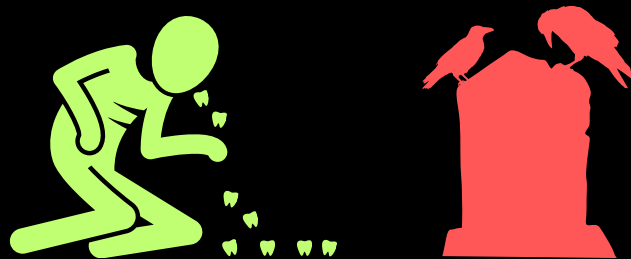


# Teeth Falling Out

When the dreamer's **teeth fall out** in a dream it is symbolic of the dreamer's **failure** to deal with the psychological situation of the dream.

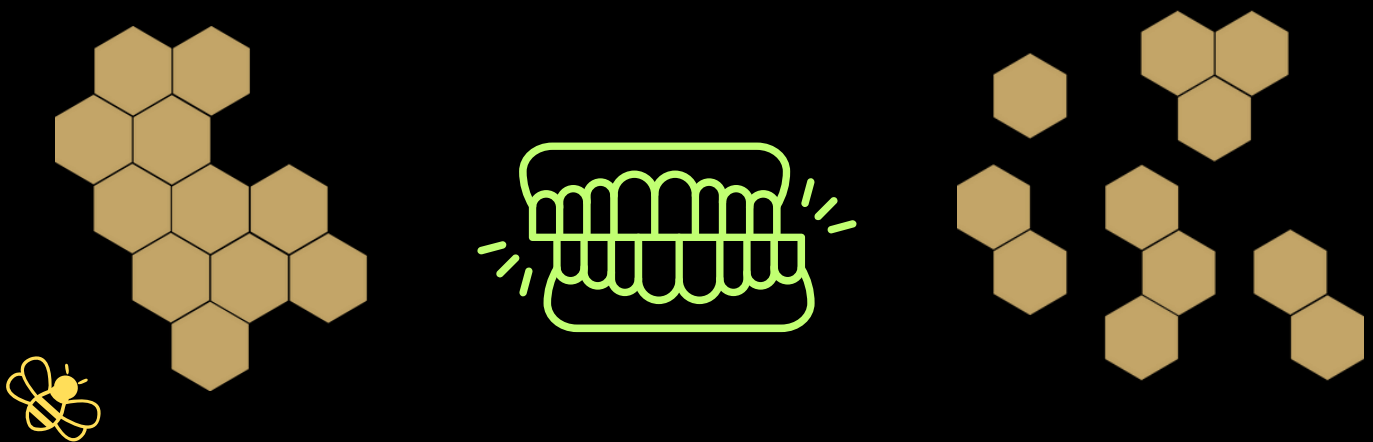


Over thousands of years, the human experience of **losing teeth** is directly connected to **death** due to the inability to break-down and digest food...





The **teeth** are critical in the digestion process and allow the food to be made smaller and integrated into the body.



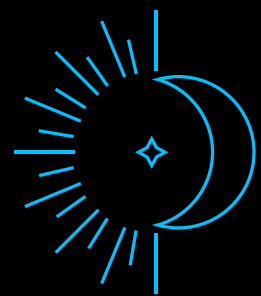
The symbolic meaning of teeth

- to break down and accept -

also applies to psychological 'food' like ideas, attitudes, thoughts, and feelings...

If the **teeth fall out** in a dream it means the dreamer is **unable to accept** the psychological change the dream is trying to achieve.

The dreamer is unable to process (**eat**) the ideas in the dream and be changed by them (digest and incorporate).



Typically stress and anxiety is experienced and this is a sign of **Neurosis** - a one-sided development of the personality - which the dream is trying to correct.

# Flying



**Flying** in a dream symbolises an inflated (overvalued) psychological attitude of the dreamer.



This type of situation is captured in the attitude:

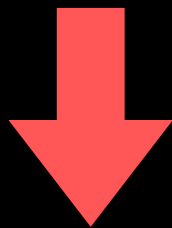
“I have the **right** answer and I am **certain** of it. My way is the right way and the **only** way.”

The dreamer is **flying** because the dreamer insists on themselves and their attitude.

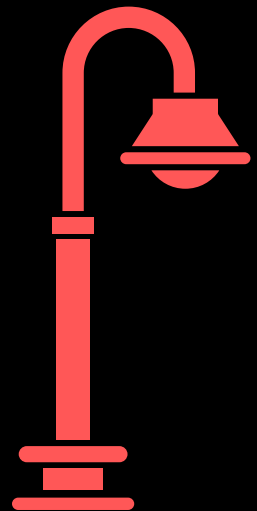


However in order to do this they must simultaneously **deny** the world outside them.

To deny, psychologically, is to push down and away (depreciate)...



The dreamer **pushes the disagreeable facts** about their situation **down** in order to **raise** their view of themselves and hold onto the **certainty of their own attitude** to life.



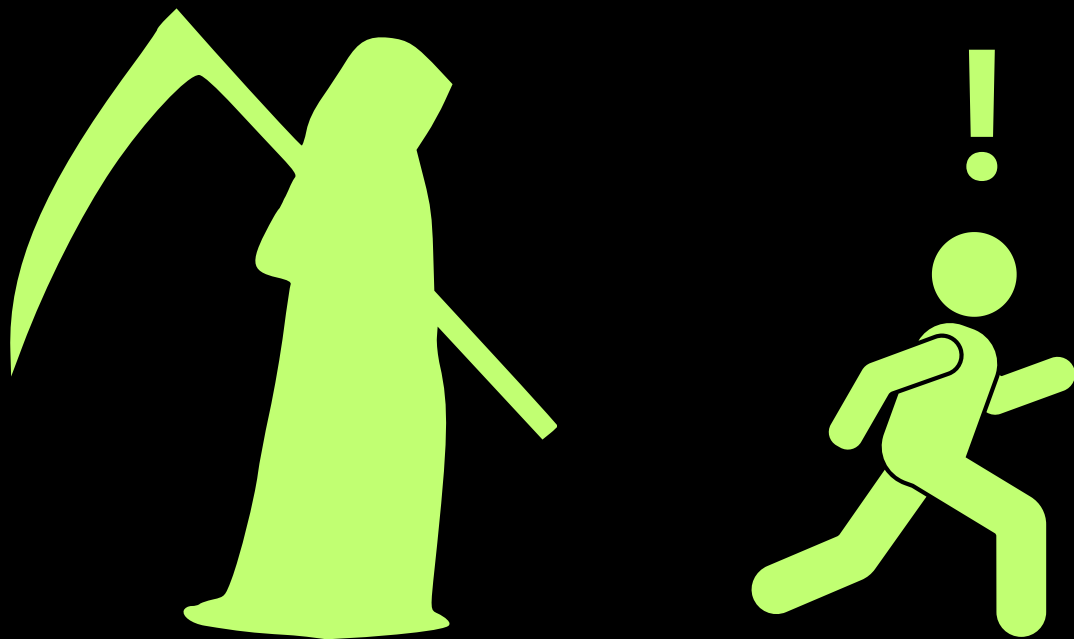
The dreamer is now **pushed away from reality**, and is likely to experience falling or jumping in the dream.



The dreamer is “**up in the air**” and needs to “come back down to earth”.

# Being Chased

Being chased means the dreamer is trying to escape a part of their own unconscious personality.



In a dream, the **unconscious mind** of the dreamer is projected outside, creating the figures and symbols of the dream world.

A **person or creature chasing the dreamer** is therefore a part of the dreamer's **own mind** that they need to accept.

The dreamer's resistance and rebellion against the part of themselves that they encounter sets them in motion to run away...



But the unconscious mind will chase the dreamer and attempt to complete its process of compensation (balancing the dreamer's attitude by supplying the 'other-side').

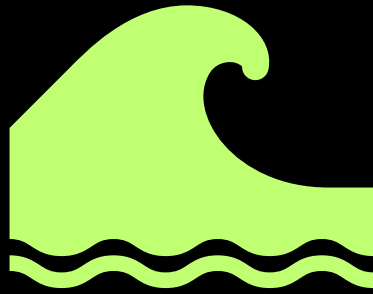




On reflection, the dreamer when they wake up should try to learn the qualities of their **pursuer**, and then realise that those **qualities must now have a role in their life.**

# Ocean

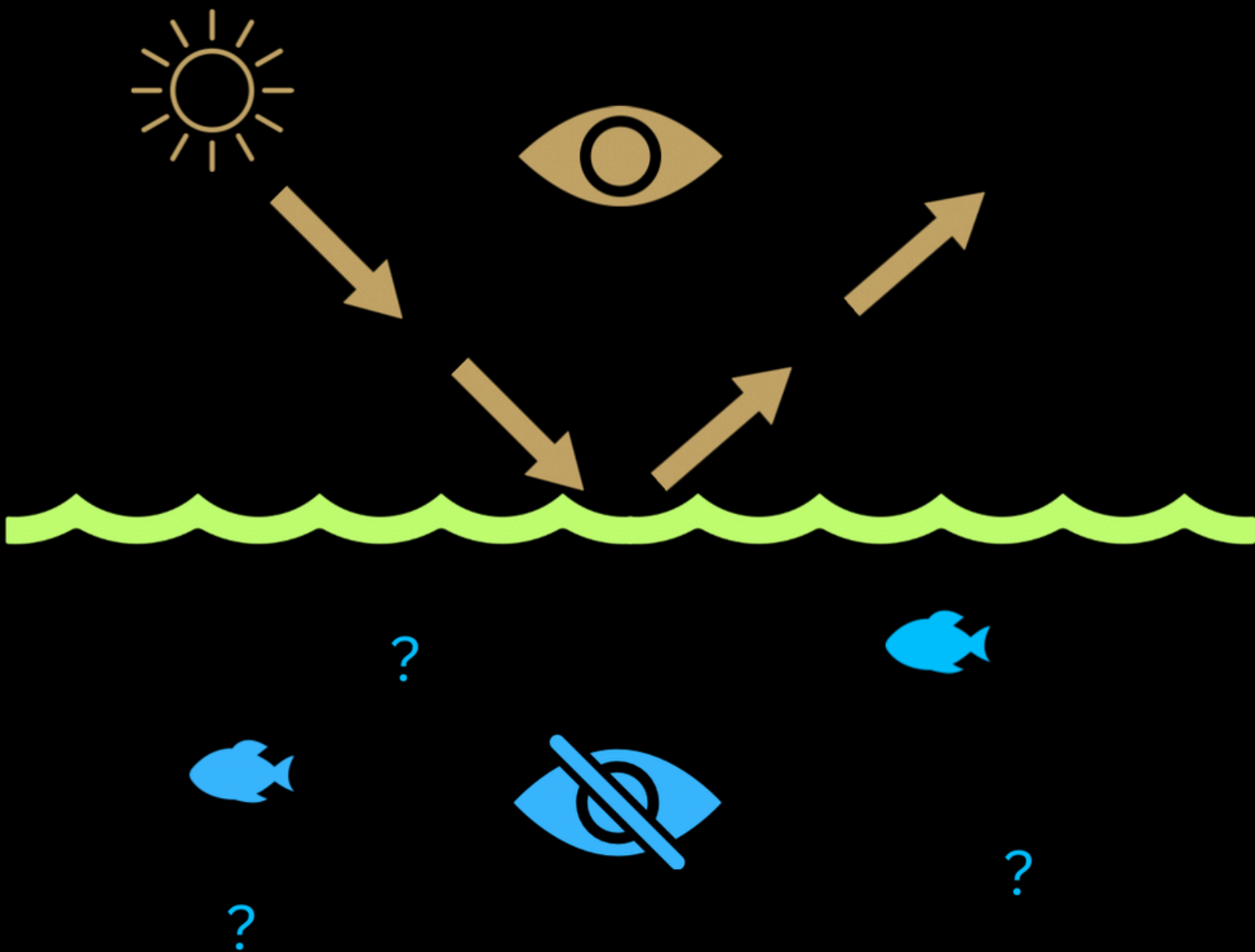
The **ocean** is a symbol for the **Unconscious Mind**: the part of your mind that you **don't** know.



The enormous size of the **ocean** symbolises the greatness and power of the **unconscious mind**.

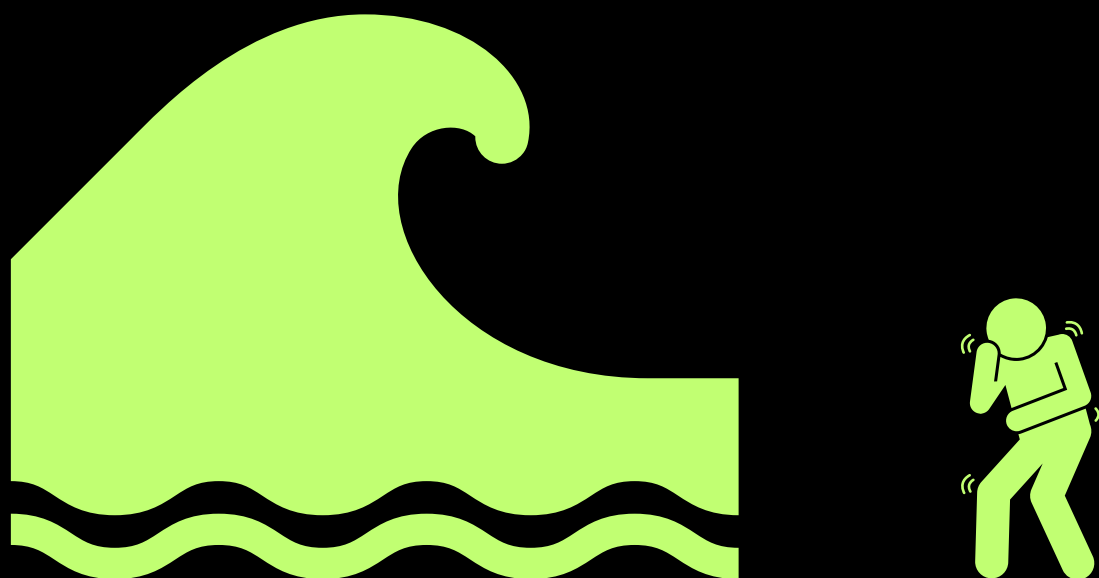


The **ocean**, like other bodies of water, reflects the **light** that wants to penetrate and see **beneath**.



This is symbolic of the relationship between the **normal conscious mind** (above water) and the **unconscious mind** (below the **ocean**).

In a dream, **tidal waves**, **flooding**, or an **overflow of water** means the build up of energy in the **unconscious mind** is threatening to the dreamer, and could kill them symbolically, or cause a great change to their situation.



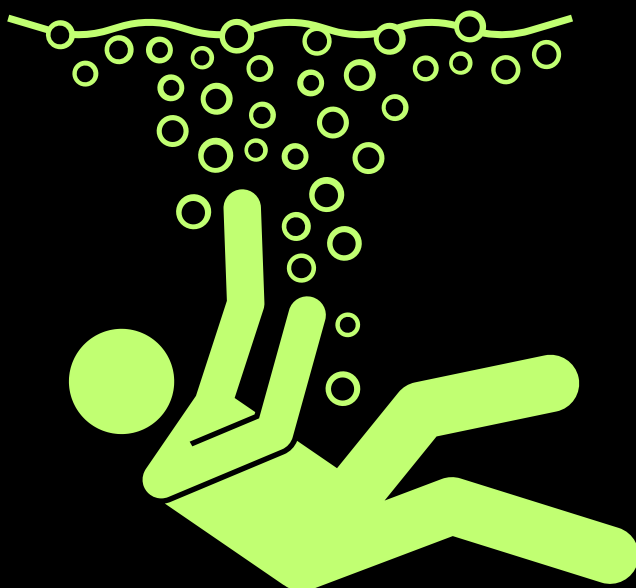
The **ocean** however, is an ambivalent symbol, and can hold positive and negative meanings for the dreamer...



The **unconscious energy** symbolised by the **ocean** could build up the personality, like pushing a ship in a new direction.



Or it could destroy the personality, drowning the dreamer.



Over thousands of years of man-kind's experience of nature, the **ocean** has always symbolised the **edge of the known world**:



The **Ocean** is the **unknown**.

The **Ocean** is the **Unconscious mind**.

Do you want to know the meaning of your **own** dreams?

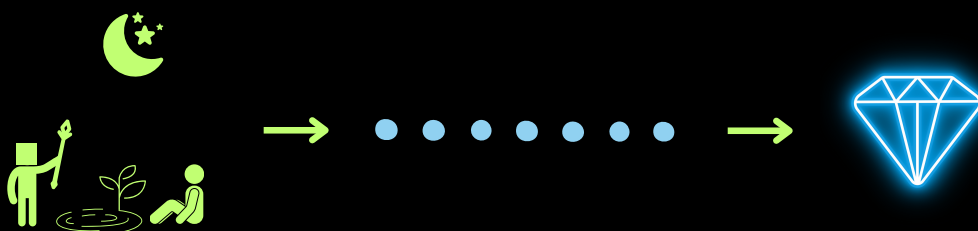
It's time to get real answers with the new easy-to-learn **Dream Analysis Course:**



# SOLVE MY FIRST DREAM



Find the meaning of your dream in 7 easy steps...



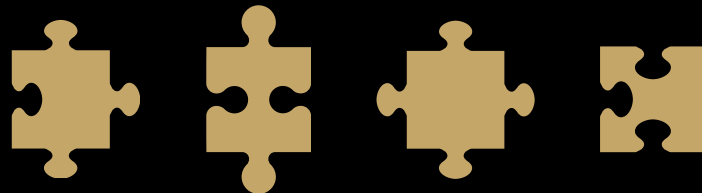
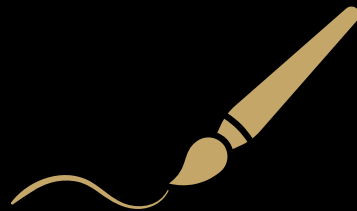


# 1. RECORD THE DREAM



Every **dream** is a puzzle.

Recording the dream is collecting the puzzle *pieces*.

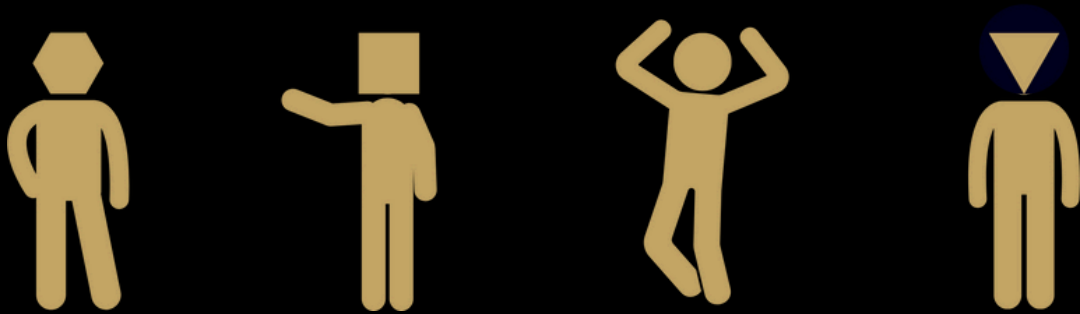


The more pieces you collect the more likely you will see the final **picture**...

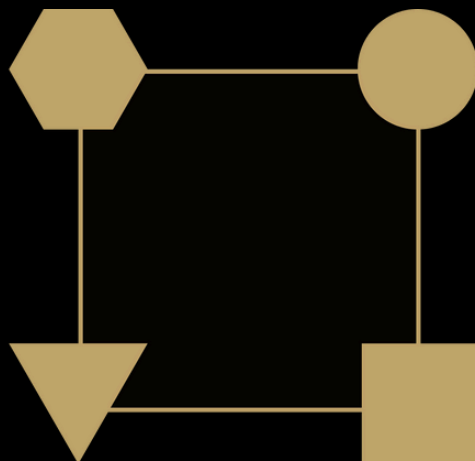


## 2. DRAW THE DREAM

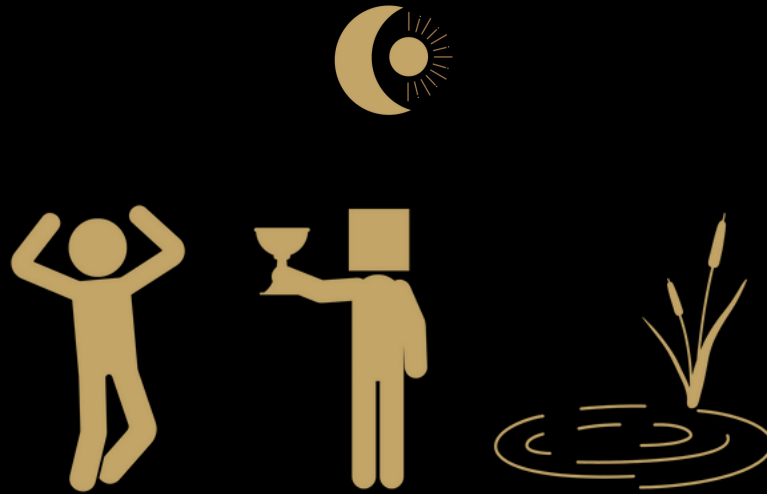
In every dream you will **find** symbols and structure, patterns and ideas.



Drawing the dream helps you make **connections** between them.



### 3. STORYLINE



The storyline shows us the **relationship** between characters and objects.



In the dream everything happens for a **reason**.

## 4. NEUROSIS BARS

Neurosis is **conflict** in the mind.



Anxiety and stress in the dream is a sign of the dream trying to **heal** the dreamer.

# 5. ASSOCIATIONS

Associations connect the dream symbol to a **specific meaning** in the mind.



REBIRTH



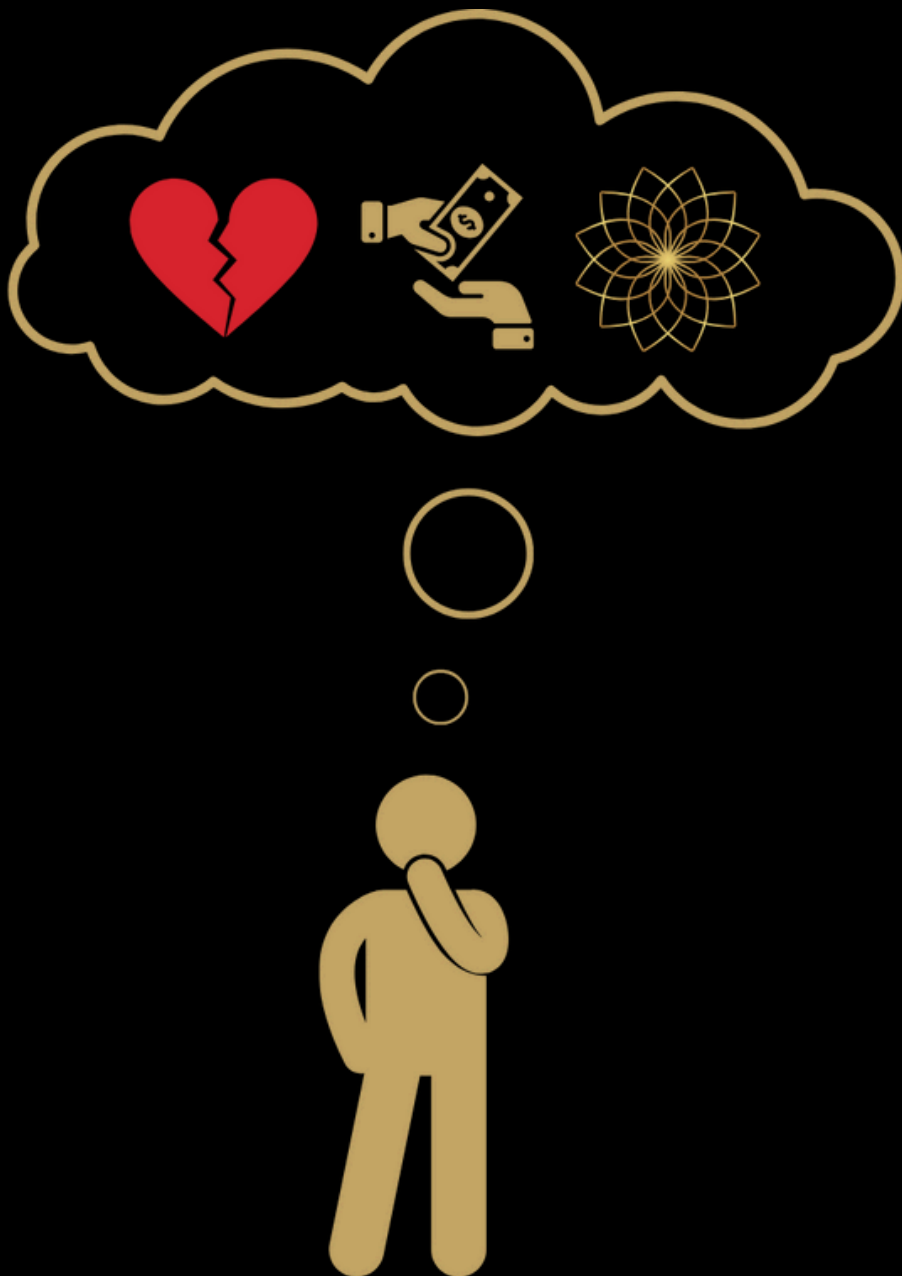
LIFE



END OF  
THE WORLD

## 6. PREVIOUS DAY

The dream topic could be something from the previous day, a **moral problem** or a deeper development in the mind.



# 7. THIS IS THE SITUATION

The dreamer learns the meaning of the dream and it completely changes their mind.



Their emotions are rebalanced and the dreamer's destiny takes a new path.

The dream is solved.

# GET STARTED NOW

Start your **journey** and find the **meaning** of your first dream for just \$44.



## SOLVE MY FIRST DREAM



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*Jacob's Dream* – Watercolour  
by William Blake, 1805



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